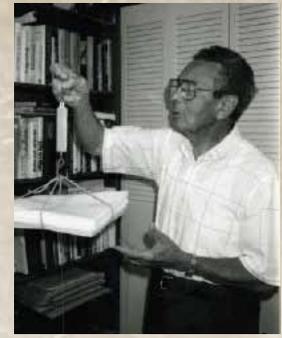


# The Canadian College of Osteopathy Presents **Founder's Day Weekend**

November 3rd to November 4th , 2018

## **Tribute to Irvin M. Korr, PhD**



### **Breakfast Lecture Series - November 3rd, 2018**

- 7:15 - 7:45      **Registration ~ Coffee ~ Mingle**
- 7:45 - 8:30      **Fabulous Hot Breakfast**
- 8:30 - 8:50      **Opening Remarks ~ *Jane Eliza Stark***
- 8:50 - 9:25      **Gaining Insights from Recalling the Footsteps of Irvin M. Korr, PhD,  
~ Brian Degenhardt**
- 9:25 - 10:10    **Korr Principles: The Osteopathic Legacy of Irvine M. Korr, PhD.,  
~ Reuben Bell**
- 10:10 - 10:50   **Nutrition Break and Sponsor Information**
- 10:50 - 11:35   **The Concussion: Facts and Myths ~ *Laura Leslie***
- 11:35 - 12:20   **The Interstitium a New Organ or an Old Friend ~ **Brian Degenhardt****
- 12:20 - 12:40   **Closing Remarks ~ *Philippe Druelle***

### **Seminars - November 3rd & 4th, 2018**

- Seminar A**      **Making Palpation Work for You ~ *Susanne F. Wallace***
- Seminar B**      **Clinical Approaches to Assessment and Treatment for Persistent  
Concussion Symptoms ~ *Laura Leslie***
- Seminar C**      **An Osteopathic View of the Lymphatic System ~ *Brian Degenhardt***

**Reserve Your Place Today!**

**To Register go to [www.foundersdayweekend.ca](http://www.foundersdayweekend.ca)**

# Seminars & Lecturers

## Seminar A Making Palpation Work for You

This hands-on workshop focuses on how practitioners can maximize their palpation abilities. Palpation is not only a state of doing, but also a state of being. A delicate balance is necessary between what we feel (palpation) and what we notice that we feel (perception). Managing one's mental state is crucial to optimizing one's palpation outcomes. Drawing on biomechanical, functional, fluidic, and biodynamical approaches, Ms. Wallace explores how manual techniques were first based on theoretical principles and then applied in the clinical setting. But the learning of techniques does not necessarily allow one to meet the demands of patients, so rather than teaching techniques, Ms. Wallace outlines the principles of palpation. Throughout the workshop, participants will exchange their personal experiences to help each other understand how much our personal state of mind influences our palpation perception. Strategies for managing personal biases are discussed and put into practice. Because the workshop is principle-based, it is suitable for the inexperienced student to the experienced practitioner.

Prerequisite: 2nd year or higher



### **Susanne F. Wallace, DO**

Susanne F. Wallace, DO (Germany), is a multidisciplinary practitioner who was originally trained as a physiotherapist at the University of Giessen in Germany. She began working in clinics as a physiotherapist in 1987. She started studying osteopathic approaches to patient care in 1993. From 1997 to 2002, she was a student at the School of Classical Osteopathic Medicine (Schule für klassische Osteopathische Medizin) in Germany. She obtained her DO degree from the German Academy for Osteopathy in 2009 with a thesis focusing on the osteopathic treatment of women with endometriosis. She has practiced osteopathy in her own clinic in Alberta since 2008. In addition to her osteopathic credentials, she is also licensed in Germany as a naturopath, and she has studied homeopathy. She practices in Germany as well as in Canada. Besides her clinical practice, she teaches many postgraduate workshops and provides language translations of osteopathic literature and workshops.

## Seminar B: Clinical Approaches to Assessment and Treatment for Persistent Concussion Symptoms

Research has shown that proper management of concussions typically results in a favorable resolution of symptoms within two to four weeks. However, in as many as 15% of cases, the concussion takes longer to resolve due to its multi-dimensional complexity. Whether the patient presents with a concussion related to sports, work, a motor-vehicle accident, or some other cause, the assessment is the same. However, the osteopathic approach to treatment will vary for each individual. In this workshop, the participant will learn six main points: 1. the theoretical neurological cascade consequences of concussion and its symptomology; 2. the assessment strategies for concussions; 3. the osteopathic treatment strategies for concussions based on evaluation; 4. evidence-based assessments that go beyond osteopathic assessments; 5. treatment strategies that facilitate autoregulation and return to function; 6. home exercises to help the individual recondition physically, cognitively, and emotional/behaviorally.

Prerequisite: 5th year or higher



### **Laura Leslie, DO**

Laura Leslie, CAT(C), DO, is an osteopath and a certified athletic therapist with more than 25 years of clinical experience at Concordia Physio Sport, a partner of the CBI Health Group. She specializes in the clinical assessment and treatment of concussions and is an international speaker on this subject. She is also a member of the faculty in the Department of Exercise Science at Concordia University, where she has taught for the past 22 years. In addition, she is a clinical consultant to B2Ten, a non-profit organization supporting Olympic athletes. And she is a member of the Corporation des Thérapeutes du Sport du Québec (CTSQ) Concussion Committee, working toward the development and implementation of concussion standards for athletic therapy in Quebec. Ms. Leslie was awarded the William Garner Sutherland prize for her 2000 qualitative clinical thesis on post-concussion syndrome. She is a former member of the Canadian National Women's Ice Hockey Team.

# Seminars & Lecturers

## Seminar C An Osteopathic View of the Lymphatic System

The human body has a whole universe of life and activity within it. This view is key to the distinctive philosophy and practice of osteopathic clinicians, particularly regarding the tenet of the structure-function interrelationship. In this workshop, participants will learn about the key structures and functions of the lymphatic system as they relate to maintaining health and homeostasis. The workshop will progress through the intercellular and interstitial spaces of the body, following the lymph as it forms and passes through the various structures of the lymphatic system. Dr. Degenhardt will differentiate the various ways lymph moves through the body to provide a foundation for treatment of this system. Based on this information and a review of current research, a rational osteopathic treatment approach to the lymphatic system will be presented and practiced during the workshop. Participants will perform guided palpation exercises designed to advance their localization and assessment of the lymphatic system. Diagnostic processes to differentiate between dysfunctional and pathological conditions will also be presented.

Prerequisite: 4th year or higher



### **Brian Degenhardt, DO**

Brian Degenhardt, DO, C-ONM, is the assistant vice president for osteopathic research at A.T. Still University of Health Sciences and the director of the A.T. Still Research Institute at Kirksville College of Osteopathic Medicine. In these capacities, he oversees numerous areas of research, particularly in the areas of palpatory diagnosis and osteopathic manipulative treatment. His published work demonstrates a broad scope of research, including in the reliability of palpatory diagnostic tests, otitis media, pneumonia in the elderly, chronic obstructive pulmonary disease, objectification of somatic dysfunction, association of biomarkers with OMT, and health benefits of wellness programs. Based on his research experience, he developed the Advancing Skills in Osteopathy Program, which uses state-of-the-art instrumentation to provide objective feedback to advance palpatory skills in DOs at all stages of training.

## Breakfast Lecture Series Presenters



### **Reuben P. Bell, DO, PhD**

Reuben Bell, DO, PhD earned a BSc and MSc in zoology from the University of Tulsa in Oklahoma and graduated from Oklahoma State University College of Osteopathic Medicine. After an internship and residency in Portland, Maine, he became board-certified in osteopathic family practice. Following 10 years in general practice in rural Maine, he moved to Pennsylvania to attend the seminary in an effort to better understand the interaction of body, mind, and spirit. While there, he was an associate professor of biology at the Bryn Athyn College. After earning a master of divinity degree, Reuben was ordained by the Church of the New Jerusalem (Swedenborgian). Returning to Maine, he became an associate professor of family medicine and the director of medical humanities at the University of New England

College of Osteopathic Medicine (UNECOM), where he was also adjunct associate professor in the Department of Philosophy and Religious Studies. Still with UNECOM, he then practiced geriatric medicine, with a focus on end-of-life care. Reuben integrates a lifetime of learning into the holistic practice of finding health.



### **Philippe Druelle, DO**

Philippe Druelle, DO earned his bachelor of science degree in 1968 and then continued with studies at a School of Physiotherapy, graduating in 1973. He earned his initial diploma in osteopathy in 1979, followed by his national diploma in osteopathy from Atman College in France. Always interested in natural medicine, Philippe has also studied traditional Chinese medicine, acupuncture, and homeopathy. Philippe founded the Canadian College of Osteopathy in Toronto in 1991. He later established the Canadian Foundation for Education and Research in Osteopathy (FCERO), dedicated to developing treatments for young children with disabilities. Philippe continues to lecture internationally and to promote the advancement of osteopathy.